

Is Your School Ready to Take the HealthierUS School: Smarter Lunchrooms Challenge?

HUSSC:SL



Answer **Yes** to the following items on this checklist and your school is ready!

Does your school meet the following nutrition criteria?	
<input type="checkbox"/>	My school is a Team Nutrition School. http://www.fns.usda.gov/tn/join-team-become-team-nutrition-school
<input type="checkbox"/>	My school participates in both the National School Breakfast and National School Lunch Programs.
<input type="checkbox"/>	School meals meet the USDA nutrition standards for reimbursable meals.
<input type="checkbox"/>	All corrective actions identified during the most recent state review of the school meals program have been completed.
<input type="checkbox"/>	School Food Authority is 6 Cents certified.
Does your school maintain an Average Daily Participation (ADP) for BREAKFAST that meets the following criteria?	
<input type="checkbox"/>	Elementary and Middle Schools: No requirement for Bronze, 20% for Silver, 35% or higher for Gold and Gold of Distinction.
<input type="checkbox"/>	High Schools: No requirement for Bronze, 15% for Silver, 25% or higher for Gold and Gold of Distinction.
Does your school maintain an Average Daily Participation (ADP) for LUNCH that meets the following criteria?	
<input type="checkbox"/>	Elementary and Middle Schools: No requirement for Bronze, at least 60% for Silver, 75% or higher for Gold and Gold of Distinction.
<input type="checkbox"/>	High Schools: No requirement for Bronze, 45% for Silver, 65% or higher for Gold and Gold of Distinction.
Does your school implement Smarter Lunchroom techniques?	
School completes the Smarter Lunchrooms Self-Assessment Scorecard and provides a brief summary with two to three photos.	
<input type="checkbox"/>	Bronze Level – 30 points minimum
<input type="checkbox"/>	Silver/Gold Level – 50 points minimum
<input type="checkbox"/>	Gold Level – 70 points minimum
Does your school implement the following Smart Snacks criteria? (Be prepared to verify that all foods and beverages sold to students during the school day meet Smart Snacks criteria by using the Alliance for a Healthier Generation Product Calculator)	
All Award Levels (Bronze, Silver, Gold, Gold Award of Distinction)	
<input type="checkbox"/>	Must meet Smart Snacks in School Nutrition Standards. All foods and beverages sold to students during the school day meet or exceed the USDA's nutrition standards for all foods and beverages sold to students. (a la carte, vending, school stores, snack or food carts and any food-based fundraising held during the school day.)
Bronze and Silver Levels	
<input type="checkbox"/>	School provides annual training on Smart Snacks criteria to all individuals who are involved in the sale of foods to students on the school campus during the school day.
<input type="checkbox"/>	School does not advertise or market foods and beverages that do not meet Smart Snacks criteria to students.
Gold Level – Bronze and Silver requirements plus	
<input type="checkbox"/>	School only permits food-related fundraisers that meet USDA's Smart Snacks standards.
<input type="checkbox"/>	If food and beverages are sold to students on the school campus at events outside of the school day (e.g. sporting events, after-school activities, award ceremonies), then water, fruits, and/or vegetables are also available for purchase.
Gold Award Distinction Level – Silver, Bronze and Gold requirements plus	
<input type="checkbox"/>	Greater than 50% of school-sponsored fundraising events conducted outside of the school day include only nonfood items or only foods and beverages that meet or exceed the USDA's Smart Snacks in School nutrition standards.
Does your school provide nutrition education to students that meets the following criteria?	
Elementary Schools	
<input type="checkbox"/>	Nutrition education is provided to all full-day students in all grades.
<input type="checkbox"/>	Nutrition education is part of a structured and systematic unit of instruction.
Middle Schools	
<input type="checkbox"/>	Bronze and Silver, nutrition education is offered in at least one grade during the school year.
<input type="checkbox"/>	Gold or Gold of Distinction, nutrition education is offered in at least two grades.
High Schools	
<input type="checkbox"/>	Nutrition education is offered in two courses required for graduation.
All Award and Grade Levels	
<input type="checkbox"/>	Nutrition education incorporates Team Nutrition curricula and materials, uses the current Dietary Guidelines for Americans and MyPlate and utilizes multiple channels of communication, including classroom, cafeteria, and home.

Does the physical education program provided at your school meet the following criteria?

*(Be prepared to describe any physical activity opportunities offered, such as events like Jump Rope for Heart, Walk to School Day, Field Day, etc. *Structured physical activity does not include recess, must be planned by a certified PE teacher and implemented by a classroom teacher or school administrator, all students must participate, and provided in increments of at least 10 minutes.)*

Elementary Schools

Do all students have the opportunity to participate in a minimum average of physical activity?

	<i>Bronze/Silver:</i> 45 minutes per week throughout the school year with no more than 20 minutes of structured physical activity* counting toward meeting the minimum PE requirement.
	<i>Gold:</i> 90 minutes per week throughout the school year with no more than 45 minutes of structured physical activity* counting toward meeting the minimum PE requirement.
	<i>Gold of Distinction:</i> 150 minutes per week throughout the school year and no more than 45 minutes of structured physical activity* counting toward meeting the minimum PE requirement.

Middle Schools

	For all award levels, structured physical education is offered to at least two grades.
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High Schools

	For all award levels, structured physical education is offered in at least two courses required for graduation.
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Does your school meet the physical activity criteria?**Elementary Schools**

	For all award levels, physical activity opportunities are provided each day for all full-day students (scheduled recess, walking clubs, biking clubs, and intramural sports).
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Middle and High Schools

	For all award levels, school provides students in all grades opportunities to participate in physical activity throughout the school year. The school actively promotes participation in physical activity (in and out of school) to all students.
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All Grade Levels and All Award Levels

	School reinforces physical activity/physical education messages by neither denying nor requiring physical activity as a means of punishment.
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Does your school meet the School Wellness Policy (SWP) criteria?

	School implements a local school wellness policy. Provide a copy of the school wellness policy. Describe three ways your school is working toward meeting your local school wellness policy goals. Describe how parents, students, school staff and the community are involved with the implementation of the school wellness policy.
	School has an active school wellness committee.
	School demonstrates a commitment to prohibit the use of food as a reward. (Food is not used to reward students for good behavior or completing an assignment.)

Does your school meet the requirements for Other Criteria for Excellence criteria?

	<i>For Bronze:</i> at least two criteria.
	<i>For Silver:</i> at least four criteria.
	<i>For Gold:</i> at least six criteria.
	<i>For Gold of Distinction:</i> at least eight criteria.

HealthierUS School Challenge: Smarter Lunchrooms <http://www.fns.usda.gov/tn/healthierus/index.html>



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